

## Enzymatic Depolymerization of Gum Tragacanth: Bifidogenic Potential of Low Molecular Weight Oligosaccharides

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**ABSTRACT:** Gum tragacanth derived from the plant “goat’s horn” (*Astragalus* sp.) has a long history of use as a stabilizing, viscosity-enhancing agent in food emulsions. The gum contains pectinaceous arabinogalactans and fucose-substituted xylogalacturonans. In this work, gum tragacanth from *Astragalus gossypinus* was enzymatically depolymerized using *Aspergillus niger* pectinases (Pectinex BE Color). The enzymatically degraded products were divided into three molecular weight fractions via membrane separation: HAG1 < 2 kDa; 2 kDa < HAG2 < 10 kDa; HAG3 > 10 kDa. Compositional and linkage analyses showed that these three fractions also varied with respect to composition and structural elements: HAG1 and HAG2 were enriched in arabinose, galactose, and galacturonic acid, but low in fucose and xylose, whereas HAG3 was high in (terminal) xylose, fucose, and 1,4-bonded galacturonic acid, but low in arabinose and galactose content. The growth-stimulating potential of the three enzymatically produced gum tragacanth fractions was evaluated via growth assessment on seven different probiotic strains in single-culture fermentations on *Bifidobacterium longum* subsp. *longum* (two strains), *B. longum* subsp. *infantis* (three strains), *Lactobacillus acidophilus*, *B. lactis*, and on one pathogenic strain of *Clostridium perfringens*. The fractions HAG1 and HAG2 consistently promoted higher growth of the probiotic strains than HAG3, especially of the three *B. longum* subsp. *infantis* strains, and the growth promotion on HAG1 and HAG2 was better than that on galactan (control). HAG3 completely inhibited the growth of the *C. perfringens* strain. Tragacanth gum is thus a potential source of prebiotic carbohydrates that exert no viscosity effects and which may find use as natural functional food ingredients.

**KEYWORDS:** gum tragacanth, molecular size, prebiotic potential, enzymatic modification, *Bifidobacterium longum* subsp. *infantis*

### ■ INTRODUCTION

There is an increasing interest in the development and identification of new carbohydrates having prebiotic effects. Prebiotic carbohydrates are defined as selectively fermented compounds that cause specific probiotic changes in the gastrointestinal microbiota (currently mainly understood as stimulating the growth of lactobacilli and bifidobacteria), which in turn confer benefits upon the well-being and health of the host.<sup>1,2</sup> The beneficial growth stimulation of specific probiotic colonic bacteria is generally explained by the capability of these bacteria to cleave the glycosidic linkages in the prebiotic carbohydrates. A primary example of natural prebiotics is the group of human milk oligosaccharides, which constitutes a structurally diverse family of galactose-, glucose, *N*-acetylglucosamine, sialic acid, and fucose-substituted lactose-based structures containing different types of glycosidic linkages, and which are almost unique to human breast milk. Human milk oligosaccharides were thus originally recognized as being responsible for the “bifidus factor” of human milk and involved in the relationship between the intestinal bacteria and lower incidences of infectious diarrhea in breast-fed infants.<sup>3</sup> Galacto-oligosaccharide (GOS) and fructo-oligosaccharide (FOS) are two main types of oligosaccharides that are recognized as prebiotics and which have been tested in human trials and which are already available on the market.<sup>4,5</sup> Foods containing these compounds are generally categorized as functional foods.<sup>6</sup>

Gum tragacanth is an exudate from the stem of the bushlike plant “goat’s-horn”, *Astragalus* species, and is one of the few

natural plant sources of L-fucose-substituted polysaccharides. The gum has been used commercially for well over 2000 years, is approved for food use in both the United States and Europe,<sup>7,8</sup> and is widely used as an emulsifier and thickener in emulsion systems in different food, pharmaceutical, and cosmetic applications.<sup>9</sup>

Gum tragacanth is made up of highly substituted, heterogeneous hydrophilic polysaccharides containing L-arabinose, D-galactose, D-glucose, D-xylose, L-fucose, L-rhamnose, and D-galacturonic acid and confers high viscosity when in aqueous solution.<sup>10</sup> When solubilized in water, the gum is usually categorized in a “soluble” fraction, tragacanthin, and an “insoluble” fraction, bassorin, respectively.<sup>11</sup> The water-soluble tragacanthin fraction appears to resemble pectin and contains linear chains of galacturonic acid (probably 1,4- $\alpha$ -linked) and arabinogalactan structures<sup>12</sup> as well as fuco-xylogalacturonans, whereas bassorin is believed to be mainly composed of a mixture of xylo- and fuco-xylo-substituted polysaccharides.<sup>11</sup> Terminal fucosyl residues are also found in some human milk oligosaccharide structures (as  $\alpha$ 1–2,  $\alpha$ 1–3, and  $\alpha$ 1–4 substitutions); hence, gum tragacanth saccharides could have prebiotic effects mainly because of the L-fucose-substituted polysaccharides. However, the high viscosity inducing effects of

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gum tragacanth partly prevent unfolding of this potential, because the viscosity means that only low levels are used, because inclusion of even very low levels of gum tragacanth in food products changes the physicochemical properties of the products significantly.

Recently, enzyme technology has been used to produce various potentially prebiotic oligo- and polysaccharides from plant fiber polysaccharides for food applications.<sup>13–15</sup> In particular, the combination of enzymatic depolymerization of various natural polysaccharides and membrane reactor separation has proven useful for lowering the viscosity of hydrocolloid polysaccharides and for obtaining prebiotic compounds of different molecular sizes and structural compositions.<sup>6,16,17</sup> In these previous studies it has been shown that both the molecular size and the structural makeup of the resulting poly- and oligosaccharides have a significant influence on their potential prebiotic bacterial growth promoting properties.<sup>13,14,18</sup>

The hypothesis driving the present work was that gum tragacanth, notably via its content of highly fucose-substituted xylo-galacturonans, could be a new, natural source of putatively food grade prebiotics. A second hypothesis was that the gum tragacanth could be processed into differently sized poly- and oligosaccharide fractions via enzymatic treatment and membrane purification.

The aim of this work, therefore, was three-fold: (A) to investigate whether pectinase-catalyzed depolymerization of tragacanth gum could reduce the viscosity of the gum in solution and allow separation of the products into different molecular sizes via membrane filtration; (B) to investigate whether the resulting fuco-xylooligosaccharides (FXO) from this gum had potential growth-stimulating effects on selected gut-relevant bacteria, and (C) to evaluate whether the molecular size and/or composition, structure, and type of linkages of the enzymatically produced gum tragacanth polysaccharides would influence their prebiotic potential.

## MATERIALS AND METHODS

**Materials.** The gum tragacanth sample, *Astragalus gossypinus*, was selected for this work because of its particularly high fucose content.<sup>8,11</sup> Hence, the gum tragacanth derived from *A. gossypinus* was recently found to contain ~235 mg fucose/g dry matter, whereas the fucose contents in other gum tragacanth samples obtained from five other species of Iranian *Astragalus* bush plants were found to range from 30 to 115 mg/g dry matter.<sup>8</sup> The dried raw gum was ground using an OBH Nordica coffee mill (OBH Nordica A/S, Copenhagen, Denmark) to pass through a 500  $\mu$ m sieve. Dextran standards with molecular weights of 10, 40, and 110 kDa were from Pharmacia (Uppsala, Sweden). Pullulan standards with molecular weight of 1.3 and 400 kDa, and L-fucose, L-rhamnose, D-arabinose, D-galactose, D-glucose, D-xylose, and D-galacturonic acid were obtained from Sigma-Aldrich Chemical Co. (St. Louis, MO, USA). Trifluoroacetic acid (TFA) (99%) was from Merck (Darmstadt, Germany). Sodium hydroxide (NaOH) standard solution of HPLC grade was from Sigma-Aldrich Chemical Co.

**Enzyme.** Pectinex BE Color, 3600 MOE units/mL, pH optimum 3.5–4.0, temperature optimum 45–55 °C, was obtained from Novozymes A/S (Bagsvaerd, Denmark). This enzyme preparation is derived from *Aspergillus niger*, mainly contains pectin lyase and polygalacturonase activity, and is approved as a processing aid for industrial food applications.<sup>19</sup>

**Enzymatic Digestion and Membrane Separation of Gum Tragacanth.** Tragacanth gum (10 g/L) was dissolved in deionized water (4 L, Milli-Q water) during stirring for 2 h at room temperature (22 °C). After the tragacanth gum solution had been heated to 50 °C, using a Sartorius Biostat heating cap setup, 10 mL of Pectinex BE

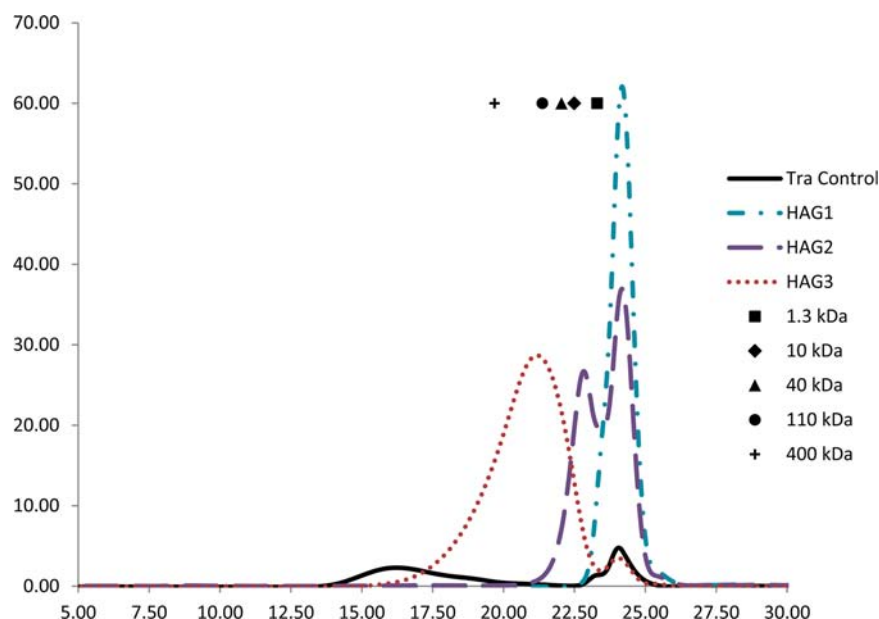
Color enzyme (equivalent to the addition of 9000 MOE units/L) was added, and after 2 h of reaction, when the viscosity of the solution had dropped from 1.2 to 0.57 Pa·s, continuous filtration of the enzymatically treated gum tragacanth solution was initiated by using a cross-flow Hydrosart 10 kDa membrane (Millipore, Sartorius). This filtration was continued overnight (18 h). The initial viscosity drop to ~0.6 Pa·s was not used to evaluate the hydrolysis (as the viscosity will of course vary with the initial concentration of the suspended gum tragacanth as well as with the shear rate employed<sup>8</sup>), but was simply a prerequisite for initiating the membrane fractionation to obtain differently sized molecules. After the first overnight filtration, the retentate was heated to 100 °C for 10 min to halt the enzyme reaction. This retentate (~1 L) was defined as HAG3 > 10 kDa. The permeate (~3 L), that is, the enzymatically degraded product, was then separated further using another cross-flow Hydrosart membrane setup with a 2 kDa membrane; this second filtration was stopped after collection of ~1.5 L of permeate, and this permeate was designated HAG1; the retentate remaining was designated HAG2. Finally, the three collected fractions (HAG1 < 2 kDa; 2 kDa < HAG2 < 10 kDa; and HAG3 > 10 kDa) were freeze-dried and stored frozen at –20 °C until further analysis and microbial growth testing.

**Compositional Analysis.** The monosaccharide composition of the *A. gossypinus* gum tragacanth starting material and of the membrane-separated products from the enzymatic reaction were determined after TFA hydrolysis (2 M, 2 h, 121 °C)<sup>20</sup> by using an ICS3000 ion chromatography system equipped with a CarboPac™ PA20 (3 mm × 150 mm) analytical column (Dionex Corp., Sunnyvale, CA, USA), using an elution program described previously.<sup>8</sup>

**Molecular Weight Distribution (HPSEC).** The lyophilized fractions from the membrane filtration and the gum tragacanth starting material were dissolved in 0.1 M sodium acetate buffer (NaOAc) (pH 6), filtered through a 0.20  $\mu$ m syringe-tip nylon membrane filter (VWR International, USA), separated for high-performance size exclusion chromatography on a Shodex OHPak SB-806 HQ (8.0 mm × 300 mm) column (Showa Denko KK, Kawasaki, Japan), and eluted with 0.1 M NaOAc (pH 6) at a flow rate of 0.5 mL/min at 30 °C on a system consisting of a P680 HPLC pump and an ASI-100 automated sample injector using a refractive index detector Shodex RI-101 (Showa Denko KK). The injection volume was 25  $\mu$ L. The column was calibrated with Pharmacia Dextran (T10, T40, and T110 kDa) and pullulan (1.3 and 400 kDa) as standards.<sup>21</sup>

**Linkage Analysis.** To improve the hydrolysis and detection of uronic acids as alditol acetates, the uronic acids in each sample were activated by carbodiimide activation and subsequently reduced prior to permethylation according to the procedure of Kim and Carpita<sup>22</sup> as follows: Carbodiimide activation was accomplished by adding 0.25 g of 1-cyclohexyl-3-(2-morpholinoethyl)carbodiimide metho-*p*-toluenesulfonate per ~1.5 mg of sample suspended in sodium acetate at pH 4.6 (2–3 mL). The activated uronic acids were then reduced using sodium borodeuteride (NaBD<sub>4</sub>).<sup>22</sup> The samples were then dialyzed to desalt and then lyophilized. The methylation was then done according to the method of Ciucanu and Kerek<sup>23</sup> with the addition of dimethyl sulfoxide (DMSO) (1 mL) to the dried samples, followed by NaOH addition (200 mg in 1 mL of dry DMSO). After 15 min, methyl iodide (CH<sub>3</sub>I) was added, and the reaction mixture was left for 45 min. To prevent undermethylation, one more round of NaOH addition (15 min) and CH<sub>3</sub>I addition (45 min) was done. The samples were then hydrolyzed using 2 M TFA (2 h at 121 °C in sealed tubes), reduced with NaBD<sub>4</sub>, and acetylated using acetic anhydride/trifluoroacetic acid. Finally, the resulting, partially methylated alditol acetates (PMAAs) were analyzed by gas chromatography–mass spectrometry (GC-MS)<sup>24</sup> by separation on a 30 m RTX 2330 bonded phase fused silica capillary column on an Agilent6890N GC interfaced to a 5975B MSD (mass selective detector, electron impact ionization mode).

**Bacterial Strains and Growth Conditions for Single-Culture Fermentations.** The bacterial strains were *Bifidobacterium longum* subsp. *longum* (Danisco Global Culture Collection DGCC 232), *B. longum* subsp. *infantis* (DGCC 233), *B. longum* subsp. *infantis* (DGCC 1497), *B. longum* subsp. *infantis* (DGCC 2238), *Lactobacillus acidophilus* (NCFM, ATCC 700396), *B. longum* subsp. *longum* (BI-



**Figure 1.** Molecular size profiles of gum tragacanth samples of different molecular sizes (HAG1 < 2 kDa; 2 kDa < HAG2 < 10 kDa; and HAG3 > 10 kDa), obtained after enzymatic modification and membrane separation. “Tra Control” indicates the track of the original gum tragacanth starting material.

**Table 1.** Tragacanth Gum, *A. gossypinus*, Monosaccharide Composition of Different Molecular Size Fractions (HAG1 < 2 kDa; 2 kDa < HAG2 < 10 kDa; and HAG3 > 10 kDa), Obtained after Enzymatic Modification and Membrane Separation<sup>a</sup>

sugar composition (mg/g dry matter)	<i>A. gossypinus</i> <sup>b</sup>	HAG1	HAG2	HAG3
fucose	236 ± 5b	25.5 ± 2.7d	102 ± 6c	296 ± 3a
rhamnose	16.0 ± 4.2c	31.5 ± 4.3b	65.3 ± 1.4a	2.8 ± 0.6d
arabinose	48.1 ± 2.4c	293 ± 2a	130 ± 1b	32.2 ± 0.6d
galactose	38.9 ± 1.7c	123 ± 10a	83.7 ± 0.9b	8.9 ± 0.0d
glucose	3.5 ± 0.2c	49.7 ± 3.3a	23.3 ± 0.1b	0.7 ± 0.1c
xylose	273 ± 3b	56.0 ± 3.5d	207 ± 14c	322 ± 7a
galacturonic acid	335 ± 16ab	196 ± 22c	310 ± 12b	378 ± 12a

<sup>a</sup>Different letters a–d in the same row indicate significantly different levels of the monosaccharides in the raw material and the fractions ( $p < 0.05$ ).  
<sup>b</sup>Starting material.

05, DGCC 9917), *Bifidobacterium lactis* (HN019, DGCC2013), and *Clostridium perfringens* (ATCC 13124). These strains were incubated in liquid monocultures at 1% (v/v) cell suspensions with each of the individual substrates at a final concentration of 1% (w/v) in a glucose-free MRS-medium base (de Man, Rogosa, and Sharpe medium without glucose) in designated microtiter plates in a Bioscreen C system (Labsystems, Helsinki, Finland) and incubated anaerobically as described previously.<sup>25</sup> Prior to the growth tests, the dissolved substrate solutions were sterilized (in 10% w/v solutions) by UV radiation for 3 min. Anaerobic growth was measured by monitoring the increase of the biomass by optical density measurement (because the growth in the liquid cultures did not lend itself to cell count) and expressed as the calculated area under the growth curves, measured at 600 nm (OD<sub>600</sub>), using Biolink software (Labsystems) according to the protocol detailed in ref 25. The baseline growth in the glucose-free MRS medium without addition of carbohydrates was used as the blank control, and the growth obtained was subtracted from the growth data obtained in the presence of substrate. Galactan from potato (Megazyme International Ltd., Bray, Co. Wicklow, Ireland) was used as an established prebiotic standard control. The experiments were done in three replicates for each strain and carbohydrate substrate. Data are given as mean values ± standard error.

**Statistical and Data Analysis.** Reported data are given as average values determined after a minimum of duplicate determination. Data were analyzed by one-way analysis of variance (one-way ANOVA): Comparisons of mean values were calculated via 95% confidence intervals and compared as Tukey–Kramer intervals calculated from

pooled standard deviations (Minitab Statistical Software, Addison-Wesley, Reading, MA, USA).

## RESULTS AND DISCUSSION

**Enzymatically Produced Gum Tragacanth Polysaccharides.** Modification of the selected, highly fucosylated, gum tragacanth with the Pectinex enzyme preparation was established to produce potentially prebiotic poly- and oligosaccharides having different molecular sizes. The enzyme treatment caused a sharp (50%) decrease in viscosity within 10 min (data not shown), indicating the depolymerization of the gum tragacanth sample. The enzymatic reaction products were separated by membranes with 10 and 2 kDa to get three fractions (yields given in parentheses as dry matter weight/weight of the starting material): HAG1 < 2 kDa (yield ~10% w/w); 2 kDa < HAG2 < 10 kDa (~23% w/w); HAG3 > 10 kDa (~67% w/w). HPSEC analyses confirmed the depolymerization of the gum into different molecular weight fractions and revealed that the average size of the high molecular weight fraction population, HAG3, was approximately 110 kDa (Figure 1). By a rough estimate, the HAG3 fraction thus contained branched polysaccharides having degrees of polymerization (DP) of ~600–650 monosaccharides; the HAG2 polysaccharides were DP ~12–60, whereas the HAG1 fraction contained

oligomers of maximum 10–12 DP. The HPSEC also indicated that there were no free monosaccharides in any of the three fractions (Figure 1), and this was also confirmed by HPAEC analysis (data not shown). The monosaccharide composition of the three fractions turned out to vary significantly and to differ from the starting material (Table 1). The data confirmed the dominance of galacturonic acid, xylose, and fucose in the starting material (Table 1). The high molecular weight fraction (HAG3) in essence became enriched in fucose during the enzymatic depolymerization, with the final product containing almost 300 mg fucose/g dry matter (Table 1). This fraction, HAG3, was also rich in galacturonic acid and xylose, ~380 and 320 mg/g, respectively (Table 1). This result agrees with the expected attack pattern of the pectinases, because the pectinases are not able to attack the substituted fuco-xylo-galacturonic acid structures. Apparently, the enzymatic degradation thus depleted the gum tragacanth polysaccharides in rhamnose, arabinose, galactose, and glucose, which is in accord with previous findings that have indicated that, in addition to polygalacturonase and pectin lyase, the enzyme preparation contains side activities that can catalyze the cleavage of several different kinds of bonds in complex plant cell wall structures.<sup>19</sup> Analogously, the smaller fractions, HAG1 and HAG2, became very rich in arabinose and galactose; hence, the arabinose content was 293 mg/g in HAG1, 130 mg/g in HAG2, and ~30 mg/g in HAG3, but HAG1 and HAG2 had significantly lower fucose and xylose contents than HAG3 (Table 1). The level of galacturonic acid was high in all three enzymatically treated fractions, ranging from 196 to 380 mg/g, but lowest in HAG1 (196 mg/g) (Table 1). The enzymatic process thus seemed to cleave the pectin-resembling, polygalacturonic acid parts of the gum tragacanth polysaccharide backbone(s), apparently leaving the suspected xylo-galacturonan, and especially the fuco-xylo-galacturonan, stretches in the gum tragacanth intact, that is, left in the HAG3 fraction. Hence, the enzymatic deconstruction using the pectinase in combination with membrane separation produced three significantly different gum tragacanth polysaccharide fractions with respect to both molecular size and composition.

**Linkage Analysis.** The linkage analysis confirmed the dominance of terminally linked fucose and (1),2-linked xylose, as well as terminally linked xylose in HAG3 and, to a lesser extent, in HAG2 (Tables 2 and 3). Taken together with the high galacturonic acid content (Table 1), these findings underscored that HAG3 and HAG2 contained the typical fuco-xylo-galacturonan structural elements of gum tragacanth first discovered by Aspinall and Baillie.<sup>26</sup> However, despite the activation and prereduction of the uronic acids in the samples, the peak areas obtained for the uronic acid alditol acetates by the GC-MS analyses were relatively low (Table 2). In general, the frequency of the gum tragacanth hallmark fucose and xylose linkages were lower in HAG2 than in HAG3, whereas the (1),4-galactose linkages, and notably the (1),2,4-rhamnose linkages, were higher in HAG2 than in HAG3. The presence of these latter linkages in HAG2 appeared to indicate enrichment of rhamnogalacturonan 1-galactan-like structures in HAG2, a trend that became more evident in HAG1. In HAG1, the frequency of the 1,4-linked galactose bonds was dominating (Table 2); we presume that these bonds are due to the presence of  $\beta$ 1,4-linked galactan structural elements (Table 3) and galactan oligomers such as  $\beta$ -Galp-(1 $\rightarrow$ 4)-[ $\beta$ -Galp-(1 $\rightarrow$ 4)]<sub>2</sub>-Galp and  $\beta$ -Galp-(1 $\rightarrow$ 4)- $\beta$ -Galp-(1 $\rightarrow$ 4)-Galp that presumably correspond to arabinogalactan-derived galactan, which is in

**Table 2. Glycosidic Linkage Analysis of Different Gum Tragacanth Fractions of Different Molecular Sizes (HAG1 < 2 kDa; 2 kDa < HAG2 < 10 kDa; and HAG3 > 10 kDa), Obtained after Enzymatic Modification and Membrane Separation<sup>a</sup>**

monosaccharide	HAG1		HAG2	HAG3
	linkage type	% peak area	% peak area	% peak area
L-fucose	t-Fucp		14.4 (80.4)	41.6 (88.1)
	1,3-Fucp		0.8 (4.5)	1.2 (2.6)
	1,4-Fucp		0.7 (3.9)	1.1 (2.3)
	1,2-Fucp		1.7 (9.5)	2.8 (5.9)
	1,3,4-Fucp		0.3 (1.7)	0.5 (1.1)
L-rhamnose	t-Rhap		0.2 (1.4)	
	1,2,4 Rhap	2.3 (100)	6.9 (48.6)	
	1,4 Rhap		7.1 (50)	
L-arabinose	t-Araf	0.4 (5.8)	0.8 (53.3)	1.2 (100)
	1,5 Araf	6.5 (94.2)	0.7 (46.7)	
D-galactose	t-Galp	3.7 (5.6)	3.7 (20.2)	1.6 (88.9)
	1,4-Galp	58.8 (88.7)	13.5 (73.8)	0.2 (11.1)
	1,6 Galp		0.8 (4.4)	
	1,4,6 Galp	3.8 (5.7)	0.3 (1.6)	
D-glucose	t-Glup	2.8 (18.6)	2.6 (40.6)	1.1 (47.8)
	1,4-Glup	8.5 (56.3)	3.5 (54.7)	1.2 (52.2)
	1,2,4-Glup	3.8 (25.1)	0.3 (4.7)	
D-xylose	t-Xylp		5.4 (22.6)	7.4 (15.8)
	1,2-Xylp		18.5 (77.4)	38.3 (81.7)
	1,2,3-Xylp			1.2 (2.5)
D-galacturonic acid	t-GalAp	0.2 (2.9)	2.8 (24.6)	0.2 (20)
	1,4-GalA	6.6 (97.1)	8.5 (74.6)	0.8 (80)
	1,4,6-GalA		0.1 (0.9)	

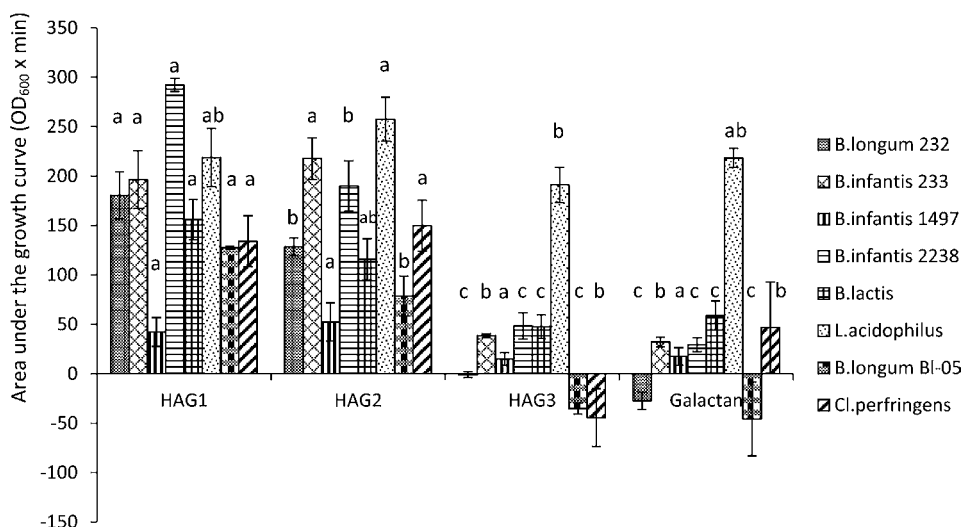
<sup>a</sup>The values are semiquantitative and based on percent peak area. The values in parentheses indicate the relative abundance of the type of bond for the particular monosaccharide quantified from the peak area in the glycosidic linkage chromatography profile.

agreement with previous interpretations.<sup>12</sup> In addition to the possible presence of  $\beta$ -bonded glucan and galactan structures, for example,  $\beta$ -GlcP-(1 $\rightarrow$ 4)-[ $\beta$ -Galp-(1 $\rightarrow$ 4)]<sub>2</sub>-Galp structures, that have been proposed previously to be present in gum tragacanth,<sup>12</sup> the presence of 4-glucose linkages in all three fractions (Tables 2 and 3), HAG1, HAG2, and HAG3, also indicated the presence of 1,4- $\beta$ -glucan structures and/or starch oligomers, which is in accordance with the comprehension that gum tragacanth may contain some cellulose and starch elements.<sup>27</sup> With regard to the high arabinose levels in HAG1 and HAG2 (Table 1), the linkage analysis demonstrated that the gum fractions contained mainly 1,5 and terminally linked arabinoses, which is in accordance with the presence of side-chain structures with  $\alpha$ -Araf and Arap in arabinogalactan, and short stretches of 1,5- $\alpha$ -bonded arabinan. The results thus indicated that the lower molecular weight oligosaccharides were rich in arabino-galactan and also contained short galacturonic acid stretches.

**Growth of Pure Strains on Tragacanth Fractions.** The growth of the strains in single cultures varied for all three gum

**Table 3.** Illustration of the Presumed Major Bond Chemistries of Structural Unit Pairs of the Most Abundant Monosaccharides in the Different Gum Tragacanth Fractions of Different Molecular Sizes (HAG1 < 2 kDa; 2 kDa < HAG2 < 10 kDa; and HAG3 > 10 kDa) Deduced from the Compositional Analysis in Table 1 and the Semiquantitative Glycosidic Linkage Analysis Data Given in Table 2

gum tragacanth fraction	major structural units and deduced linkages				
HAG1		$^{-4}\text{GalA}_1^4\text{GalA-}$	$\text{Galp}_4^1\text{Galp-}$	$^{-5}\text{Araf}_1^5\text{Araf-}$	$\text{Glc}_4^1\text{Glc-}$
HAG2	$t\text{-Fucp}^1_2\text{Xylp-}$	$^{-4}\text{GalA}_1^4\text{GalA-}$	$\text{Galp}_4^1\text{Galp-}$	$t\text{-Araf}_1^5\text{Araf-}$	$\text{Glc}_4^1\text{Glc-}$
HAG3	$t\text{-Fucp}^1_2\text{Xylp-}$	$^{-4}\text{GalA}_1^4\text{GalA-}$		$(t\text{-Araf-})$	$\text{Glc}_4^1\text{Glc-}$



**Figure 2.** Differential growth of bacterial strains on enzymatically produced gum tragacanth samples of different molecular size fractions (HAG1 < 2 kDa; 2 kDa < HAG2 < 10 kDa; and HAG3 > 10 kDa), obtained after enzymatic modification and membrane separation, against potato galactan used as control. Growth responses for the four substrates are shown for a substrate concentration of 10 g/L for all bacterial strains. Data are expressed as calculated area under the growth curve  $(\text{OD}_{600 \text{ nm}} \times \text{min})^{24}$  as average values of three growth assay replicates and shown  $\pm$ SD. Different roman letters a–c above columns indicate statistically significant growth ( $p < 0.05$ ) of the particular strain on the different substrates. For the one-way ANOVA of the bacterial growth the pooled SDs were *B. longum* subsp. *longum* (DGCC 232), 14.11; *B. longum* subsp. *infantis* (DGCC 233), 19.46; *B. longum* subsp. *infantis* (DGCC 1497), 10.67; *B. longum* subsp. *infantis* (DGCC 2238), 15.15; *L. acidophilus* (NCFM, ATCC 700396), 21.03; *B. longum* subsp. *longum* (BI-05, DGCC 9917), 19.46; *B. lactis* (HN019, DGCC2013), 17.99; and *C. perfringens* (ATCC 13124), 30.72. For the total ANOVA (level, 32) the pooled SD was 18.75.

tragacanth fractions, HAG1, HAG2, and HAG3, and the growth responses also differed from those on pure galactan used as control (Figure 2). The highest growth response was observed for *B. longum* subsp. *infantis* (DGCC 2238) on the HAG1 fraction < 2 kDa (Figure 2). There was a significantly increasing growth in response ( $p < 0.05$ ) to lowering of the molecular weight of the gum tragacanth samples for both of the *B. longum* subsp. *longum* strains (DGCC 232 and BI-05, DGCC 9917), for the *B. longum* subsp. *infantis* strain DGCC 2238, and for the *B. lactis* strain, whereas the growth of the *B. longum* subsp. *infantis* strain DGCC 233 was equally good on HAG1 and HAG2, but still lower on HAG3 (Figure 2). The growth profile results for the HAG2 gum tragacanth fraction, which had molecular size of 2–10 kDa, were similar to those obtained on HAG1. The growth of the *B. longum* subsp. *longum* strain BI-05, DGCC 9917, was suppressed by the HAG3 as well as the galactan (Figure 2).

The HAG1 and HAG2 thus generally produced higher growth responses than galactan, the only exception being for *L. acidophilus*, which grew equally well on all three gum tragacanth fractions and on galactan (Figure 2). Although the HAG3 fraction, having a molecular weight > 10 kDa, was less metabolized by the majority of the strains, the growth responses obtained for HAG3 were the same as those on galactan, that is, there were no significantly different effects ( $P >$

0.05) between these two substrates, except for the *C. perfringens* growth, which was suppressed by HAG3. Hence, *C. perfringens* used as a pathogenic control did not grow at all on the HAG3 fraction, but was able to grow (and grew equally well) on the HAG1 and HAG2 fractions and on the galactan.

**Discussion.** The stimulation by prebiotic carbohydrates of specific, probiotic, colonic bacteria is explained by the capability of these bacteria to degrade the glycosidic bonds in the putative, prebiotic carbohydrates and metabolize at least some of the saccharide components. This growth stimulation may provide a selective advantage when competing with other bacterial species in the mixed bacterial community prevailing in the human colon. The glycosidic bonds, the molecular size, and the monosaccharide composition of the prebiotic carbohydrates thus define the effect and the eventual relative increase in beneficial bacteria, including certain *Bifidobacterium* and *Lactobacillus* species. Gum tragacanth contains some unique substituted saccharides, notably the highly substituted fuco-xylo-galacturonan and the arabinogalactan structures. As well, the long use of gum tragacanth in foods, albeit in low concentrations due to the marked viscosity effects, would indicate that the human gut microflora might be able to “recognize” this natural gum and possess genes encoding enzymes that can degrade the structural elements in this gum. The sequencing of the genome of *B. longum* subsp. *infantis*

(ATCC15697), considered to be “the archetypical” human milk oligosaccharide utilizing bacterium, has thus shown that the genome possesses a large (43 kbp) gene cluster within which several specific glycosyl hydrolase encoding genes are located, including a fucosidase encoding gene.<sup>28</sup> It has also recently been demonstrated that *B. longum* subsp. *infantis* (ATCC15697) will proliferate on human milk oligosaccharides,<sup>29</sup> and mass spectrometry-based glycoprofiling of this oligosaccharide consumption has revealed that *B. longum* subsp. *infantis* appears to exhibit a specific preference for fucosylated oligosaccharides.<sup>28</sup>

However, because human milk oligosaccharides are highly diverse structurally, it is premature to conclude that terminal fucosyl residues in human milk oligosaccharides contribute significantly to their prebiotic properties, and, as yet, no specific relations between the microbial consumption, the saccharide structures, linkages, and, for example, fucosyl substitutions have been proven unequivocally.

The present work was exclusively aimed at assessing the possible growth stimulation effects on selected gut-relevant bacteria of gum tragacanth-derived compounds as a first line of evidence prior to initiating further evaluations of the influence of these compounds on metabolic responses and response mechanisms on gut-related microbial communities.

In the present work, to provide for a measurable response and to test the hypothesis that gum tragacanth saccharides might be bifidogenic and potentially prebiotic in a wider sense, the viscosity of the gum had to be lowered to enable the supply of higher dosages of the gum saccharides. Pectinase-assisted degradation provided a route to retain the unique fuco-xylo-galacturonans as well as the xylo-galacturonans, and partly the available arabinogalactans, while at the same time cause a lowering of the viscosity. The data obtained confirmed that the gum tragacanth could be processed into differently sized poly- and oligosaccharide fractions via the enzymatic treatment and membrane purification. The size of the tragacanth gum oligomers had an impact upon the growth of prebiotic bacteria, whereby a lower molecular size (HAG1), of an estimated DP of 10–12, as well as the HAG2, of DP ~12–60, coinciding with the compounds being richer in arabino-galactans, supported a much higher growth than the significantly higher molecular weight fuco-xylo-galacturonans (HAG3) (Figure 2).

The putative fucosidase activity of the selected *B. longum* subsp. *infantis* was expected to be induced and allow these bacteria to grow on the HAG3. However, the highly fucose-substituted xylo-galacturonans did not support the growth of prebiotics to the extent expected; despite the relatively modest growth, the three different *B. longum* subsp. *infantis* strains responded significantly differently, with the *B. longum* subsp. *infantis* strain DGCC 1497 growing significantly less ( $P < 0.05$ ) than the two other *infantis* strains, but significantly more ( $P < 0.05$ ) than both of the tested *B. longum* subsp. *longum* strains (Figure 2). We ascribe the general low growth on HAG3 as most likely being due to the large molecular size of these polysaccharides (Figure 1), but the differential response of the *B. longum* subsp. *infantis* strains may be related to differences in the expression of fucosidase activity by these strains, whereas the lack of response of the *B. longum* subsp. *longum* growth may indicate a deficiency in fucosidase encoding genes. Nevertheless, the results clearly confirmed that the molecular size, structure, and type of linkages of the enzymatically produced gum tragacanth polysaccharides affected their prebiotic potential.

In conclusion, the results showed that enzymatically produced, oligomeric structures from gum tragacanth had potential prebiotic activity. The data obtained with single-culture fermentations in vitro obviously do not fully reflect the events occurring in vivo in the gut. Nevertheless, the results do provide a first positive indication that gum tragacanth may be a source of functional poly- and oligosaccharides that may exert beneficial bioactivity as prebiotics. The data therefore form a first-decision base to develop further studies of the possible prebiotic potency of these components in a complex microbial flora environment and eventually further by evaluations in animal and human trials. The eventual application of enzymatically hydrolyzed gum tragacanth oligomers in foods requires further work to define relevant dosage levels and assess and minimize interactions of the gum tragacanth oligomers with other food components (e.g., proteins). The application of these oligomers in foods would be a new, value-added application of a classic food gum.

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### Notes

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